

**IMMACULATE CONCEPTION UKRAINIAN CATHOLIC CHURCH  
ПАРАФІЯ НЕПОРОЧНОГО ЗАЧАТТЯ ПРЕЧИСТОЇ ДІВИ МАРІЇ**

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**П'ЯТДЕСЯТНИЦЯ (ЗІСЛАННЯ СВ. ДУХА)**

**19 ТРАВНЯ, 2024**

**ГЛАВА УГКЦ: МИ МАЄМО ПАТРІАРХАТ, АЛЕ ВІН  
ЩЕ НЕ ВИЗНАНИЙ**

Отець і Глава УГКЦ Блаженніший Святослав в інтерв'ю для «Громадського телебачення» прокоментував питання про патріархат для УГКЦ. «Ми маємо патріархат, але він ще не визнаний», — сказав Предстоятель.

Блаженніший Святослав з митрополитами під час відкриття Синоду Єпископів УГКЦ в Римі, 3 вересня 2023 року

«Патріархат — це певна форма церковного буття, коли низку митрополитів, які мають свої митрополії, свої структури, очолює глава Церкви. Той, хто „предстоїть“ між митрополитами, і є патріархом», — розповів Блаженніший Святослав.

Він зазначив, що за часів патріарха Йосифа, який уперше підняв цю тему, наша Церква мала три митрополії, які не мали свого єдиного центру, тому належали до Апостольської столиці — до Рима, адже Україна була поневолена. Однак сьогодні УГКЦ має вісім митрополій і єдине законодавче тіло — Синод Єпископів. Тому ми маємо патріархат. Предстоятель визнав, що 30 років для такої патріаршої структури — це дуже маленький проміжок часу. «Потрібно, щоб до нас призвичаїлися і в Апостольській столиці (Ватикані), і серед православного світу не тільки в Україні, але й за кордоном. Так ми маємо патріархат, який функціонує,



який розвивається, який розквітає і чекає свого вселенського визнання», — зазначив він. Залишається відкритим питання, хто має визнати патріархат УГКЦ. Дехто каже — тільки Вселенський Собор, а інші — тільки Папа Римський. «Я думаю, що питання визнання — це питання часу», — підсумував Блаженніший Святослав.

*Департамент інформації УГКЦ*

# PENTECOST (DESCENT OF THE HOLY SPIRIT)

MAY 19, 2024

## ПОРЯДОК БОГОСЛУЖЕНЬ (20го до 26го травня, 2024)

### ORDER OF SERVICES (May 19<sup>th</sup> to 26<sup>th</sup>, 2024)

Понеділок – Mon. 20	8:00 A.M.	Sanctification of clergy
Вівторок – Tues. 21	8:00 A.M.	Olena & Andrew Tefft – family Special Intention
Середа – Wed. 22	8:00 A.M.	Peace in Ukraine
	7:00 P.M.	Moleben to Mother of God / Молебень
Четвер – Thurs. 23	8:00 A.M.	Sanctification of clergy
П'ятниця – Fri. 24	8:00 P.M.	+Lewko Lukomskyj – Luba Lukomskyj
	7:00 P.M.	Moleben to Mother of God / Молебень
Субота – Sat. 25	9:00 A.M.	Yarko & Sonia Rohowsky – Luba Lukomskyj Peace in Ukraine Special Intention
	11:00 A.M.	Children making First Solemn Communion
Неділя – Sun. 26	8:00 A.M.	Rev. Andriy, Stefa, Katrusia Plishka – Luba Lukomskyj
	9:45 A.M.	+Anna & Wasyl Kapko, Wasyl Kostiruk – Olga Pohribnij
	11:30 A.M.	parishioners Mothers in Prayer

## ВАШ ДАР БОГОВІ ТА ПАРАФІЇ – YOUR GIFT TO GOD & PARISH

May 5 / 5 травня – \$3,926.00

Будівельний Фонд / Building Fund - \$1,976.00

Кава і вареники / Coffee & varenyky – \$1,115.00

Оренда церковного залу / Rental of Church Hall - \$300.00

Donations can be made on the website or by Zelle [email:icukrainianchurchpalatine@gmail.com](mailto:icukrainianchurchpalatine@gmail.com)

## MORE MERIT TO ONE HOUR

**Meditation:** I received permission for one hour of meditation on the Passion of the Lord Jesus and for a certain humiliation. But I was a little dissatisfied at not receiving permission for everything I had asked. When we returned home, I dropped into the chapel for a moment, and then I heard this voice in my soul: **There is more merit to one hour of meditation on My sorrowful Passion than there is to a whole year of flagellation that draws blood; the contemplation of My painful wounds is of great profit to you, and it brings Me great joy** (*Diary*, 369).

[Then Jesus went on to admonish St. Faustina very kindly:]

**I am surprised that you still have not completely renounced your self-will, but I rejoice exceedingly that this change will be accomplished during the retreat** (*Diary*, 369; see also *Diary*, 371-73).

**My Prayer Response:** Lord Jesus, may I grow in humility and surrender to Your divine will by meditating on Your Passion. Your will be done and not mine!

**ПРОСИМО МОЛИТИСЯ ЗА:** о. Андрія Чировського, о.Френка і Сузан Авант, о.Богдана, о. Михайла Кузьму, Миколу Гнатиска, Василя Наняка, Мирона і Лесю Куропась, Дебі Плішку, Мардж Матвіїв, Любу Чорну, Любу Лукомську, Євгенію Яхнів, Джекі Мишкіевич, Анну Назар, Келвина Макмена, Наталію Лісову, Левка Сенечка, Любу Кузьму, Джим МекМен, Мирона Добровольського, Марію Пцола, Молі Вайт, Джині Джуп, Кристин Гайардо, Марію Бравн, Марія Сейерз, Анну Антонюк і за всіх недужих.

**PLEASE PRAY FOR:** Fr. Andriy Chirovsky, Fr. Frank & Susan Avant, Fr. Bohdan, Fr. Mykhailo Kuzma, Mykola Hnatysko, Wasyl Naniak, Myron & Lesia Kuropas, Debbie Plishka, Marge Matviuw, Luba Chorney, Luba Lukomskyj, Betty Jachniw, Jackie Myshkiewicz, Anna Nazar, Calvin McMahan, Nataliya Lisova, Leo Senechko, Luba Kuzma, Jim McMahan, Myron Dobrowolsky, Maria Pszczola, Molly White, Ginny Jupp, Kristin Gajardo, Mary Brown, Mary Sayers, Anna Antoniuk and all in need of our prayers.

## **ОГОЛОШЕННЯ**

1. Молимося що тижня за духовенство нашої Епархії. В особливий спосіб молимося цього тижня за отця Кирила Ішезюка.
2. Запрошуємо усіх до участі в нашій парафіяльній прощі. Отець Павло матиме ще дві науки по обіді.
3. Наступної неділі у нас буде збірка на допомогу нашим українським капеланам, які служать разом з нашими воїнами, які захищають Україну.
4. Будь ласка, зареєструйтеся, щоб стати волонтером фестивалю «Червона рута» 8 та 9 червня. У нас будуть люди з реєстраційними листами після літургій сьогодні. Питання: будь ласка, звертайтеся до Бевана Даса або Олександра Шуткова. Рівнож маємо форми для охочих спонзорів на столику при виході з церкви.
5. Свято-Миколаївська епархія 7 квітня розпочало наше щорічне епархіальне звернення «Поділіться 2024», і ми розраховуємо на вашу підтримку, щоб допомогти нашій епархії в усіх її потребах.
6. Запрошуємо українську молодь Америки до участі у VI Всеамериканській Молодіжній Прощі, якV а цього року відбудеться під назвою «Молодь між Вірою та розумом» Проща відбудеться 13-16 червня на парафії Покрови Пресвятої Богородиці в м. Парма, в околицях Клівленду за адресою: 6812 Broadview Rd, Parma, OH 44134 Додаткова інформація і реєстрація є на офіційній ФБ сторінці ВМП:  
<https://www.facebook.com/share/UMM8ieanNTVXvfJB/?mibextid=CTbP7E>

## **ANNOUNCEMENT**

1. We pray weekly for the priests of our Eparchy. This week let us pray in a special way for Fr. Cyril Iszezuck.
2. We invite all to take part in our parish pilgrimage today. You are all invited to lunch followed by two more teachings and much more after lunch.
3. Next Sunday we will have a collection to aid our Ukrainian chaplains who serve with our soldiers who are defending Ukraine.
4. Please sign up to volunteer with the Chervona Ruta festival June 8 & 9. We will have people with sign-up sheets after liturgies on May 12. Questions: please contact Bevan Das or Oleksandr Shutkov. Also if you would like to be a sponsor there are sign up sheets on the table as you exit church.
5. St. Nicholas Eparchy has launched our Annual Eparchial Appeal "Share 2024" on, and we are counting on your support to aid our Eparchy in all its needs.

6. The Ukrainian youth of America are invited to participate in the 6th All-American Youth Pilgrimage. This year the topic of the Pilgrimage will be "Youth Between Faith and Reason" The pilgrimage will take place from June 13-16th at the parish of the Intercession of the Most Holy Theotokos in the city of Parma. Additional information and registration is available on the official Facebook page of the All-American Youth Pilgrimage:  
<https://www.facebook.com/share/UMM8ieanNTVXvfJB/?mibetid=CTbP7E>

## THE QUAGMIRE OF VICTIMHOOD

We've asked this before: "victim" or "victor" (to borrow from a televangelist)? It's a bit corny, but it makes a point.

Often, we choose which one we are.

The truth was spoken powerfully (July 21, 1982) by the Virgin Mary at Medjugorje in Hercegovina. "*Through fasting and prayer, one can stop wars, one can suspend the laws of nature.*" (The laws of nature!)

"*In prayer you shall perceive the greatest joy and the way out of every situation that has no exit*" (March 28, 1985).

In His time, if we invite Him, the Lord will open a window.



The dictionary tells us that "victim" means "a person harmed, injured, or killed as a result of a crime, accident, or other event or action," but also—more to the point—"a person who is tricked or duped." It is the devil who deceives. A victim is "easy prey," "a sitting target," "fair game."

Now, there are "victim-souls"—those who offer up their aches and pains and worse to God for redemption of fellow sinners. Mysteriously, suffering purifies. We are all called to endure.

Padre Pio comes flying into mind.

We look at the season of suffering that Christ had to face (before glory).

**But Jesus didn't paint Himself as a victim.** No. He said he was a sacrificial lamb, true. But He was triumphant, a savior, a victor, not a victim.

"*Take heart,*" He said, "*because I have overcome the world*" (John 16:33).

He certainly showed that during those forty days after the Resurrection!

We rise too when we follow the path and spirit of Jesus, Who stands right next to us when we invite Him too. Right next to us!

Many, many things will come against us in this life. Some may seem nearly impossible to endure. You may wonder, with good cause: How do you keep an upbeat faith when at times there seems to be no exit (just more suffering)?

Nothing is accomplished, is the answer, by giving in, by painting oneself as a victim. Some people are "victims" even as their shortcomings, their sloth, their faithlessness, their immorality victimize others.

"*Oh woe is me.*"

This is how too many act—as if they can do nothing about their circumstances.

In nursing homes, you see those who shrivel up and lament their misfortune in a dark corner while others, in a spiritual state, radiate in the same conditions.

We can sulk in our loneliness, expecting others to remedy what afflicts us, or: we can declare ourselves in the Grace of Jesus. Bring others up. Don't let them bring you down!

Did Jesus get bitter? Was He discouraged? Did He shrivel up, feel sorry for himself, and lament His circumstances?

As we all know, He endured the suffering, knowing joy would follow.

The question is what we do in Gethesame.

It takes discipline. It takes strength. It avoids complaining. Tall order, indeed!

But suffering is never permanent unless we allow it.

**When we give up**, it means we lack trust in what God has assigned to our destinies. We are borrowing worries from the future instead of simply handling what we have to handle that day.

*"Advance against Satan by means of prayer. Put on the armor for battle and with the Rosary in your hand, defeat him!"* said Mary on August 8, 1985 (Medjugorje).

Noted an inspirational author quoting the Lord, "If you learn to trust in Me—really trust Me—with your whole being, then nothing can separate you from My Peace. This is how you foil the works of evil, growing in grace through the very adversity that was meant to harm you. Joseph was a prime example of this Divine reversal, declaring to his brothers: "You meant evil against me, but God meant it for good" (*Genesis 50:20*).

It is a fact: God can bring good out of every situation you will ever encounter—you win!—as long as you don't choose the defeat of victimhood.

**"Through Mary, we come to her Son more easily."**

## **GO OUTSIDE FOR YOUR SANITY! SPENDING 67 MINUTES OUTDOORS REFRESHES MENTAL HEALTH**

**NEW YORK** — As the weather heats up, Americans are united on one thing — it's time to get out of the house! On average, people need to spend 67 minutes outside each day to feel refreshed, according to a new survey. The poll of 2,000 U.S. adults also uncovered that over half of Americans (57%) are looking to spend more time outdoors than ever before.

Conducted by [Talker Research](#) on behalf of RVshare, researchers found that the majority of those who spent time outside said it relaxes them (68%), puts them in a better mood (66%), and helps them clear their heads (64%). On the other hand, spending more time *inside* can lead to feelings of depression (38%), anxiousness (33%), and [loneliness](#) (32%), according to the research.

Nearly six in 10 (58%) will get stir-crazy after spending too much time inside, with the average threshold of indoor time being 10 and a half hours. Outdoor plans getting derailed due to cancellations or [bad weather](#) can also lead to bad feelings. Nearly half (48%) of the respondents feel disappointed when their outdoor plans change, while others are frustrated (32%) and annoyed (28%).

"From enhanced mood to feelings of relaxation and well-being, there are so many physical and mental benefits that come from breaking through the four walls and exploring open-air adventures and activities," says RVshare's CEO Jon Gray in a statement. "During Mental Health Awareness Month in May, we are encouraged to be mindful of how we're spending our time and factor outdoor experiences into our everyday lives, including our [travel plans](#)."

Americans also revealed their favorite outdoor activities and said they enjoy them because they benefit their mental and physical health – 59 percent and 58 percent, respectively. Some of these include grilling or cooking outside (23%), hiking (14%), and camping (11%).

58% will get stir-crazy after spending too much time indoors, with the average threshold of indoor time being 10 and a half hours. (© Hoda Bogdan – stock.adobe.com)

It turns out that travel preferences are also shifting as a result of the COVID-19 pandemic, with Americans traveling to more places in nature (16%) and taking more trips that benefit their mental health (15%).

The poll also revealed that 67 percent of Americans view travel as a form of self-care, and four in 10 (42%) feel they need to book a trip to “escape” at least once every six months. One-third of Americans (33%) regularly book vacations around outdoor activities they enjoy and are the most excited about trips to the beach (44%), national park visits (29%), and cross-country driving (12%).

In fact, over half (57%) prefer to drive to their destination while on vacation rather than fly (25%). This could be due to the overwhelming belief (83%) that the journey to a destination is part of the vacation itself. Overall, five in six people say outdoor trips are having a positive impact on their lives.

Those who are vacationing in the great outdoors are seeing benefits to their mental health through reduced stress (36%), experiencing mental recharging (33%), and making them more grateful for the things they have (23%).

“A key takeaway here is that spending time in nature and on the open road while traveling has both physical and mental benefits,” says Gray. “Whether soaking up the Sun, hiking a new trail, or gazing up at the starry sky, we’ve all experienced the invaluable renewal, mental clarity, and freeness that comes from being outdoors.”

## OUR LADY OF MEDJUGORJE, QUEEN OF PEACE

*“Medjugorje is the spiritual center of the world”*



Dear Family of Mary!

This Sunday (May 19, 2024) is Pentecost! We have arrived at this special day. Our Lady emphasizes that the Holy Spirit is of utmost importance! She said to us:

**Advent 1983**

**“Begin by calling on the Holy Spirit each day. The most important thing is to pray to the Holy Spirit.**

**When the Holy Spirit descends on earth, then everything becomes clear and everything is transformed.”**

We can make a commitment to pray to the Holy Spirit each morning from now on!

Thank you, dearest Mother, for guiding us in our relationship with the Holy Spirit, our guide and strength in these days. We promise to pray to the Holy Spirit each morning and often throughout the day!! Amen!

*In Jesus, Mary and Joseph!*

*Cathy Nolan*

*(c) Mary TV 2024*

## **ПРИГАДУЄМО УСІМ ПАРАФІЯНАМ**

Щоб гідно приймати Святі Тайни парафіянин повинен жити за правилами віри та

серйозно підготувитися. Добрі (віддані) парафіяни є ті котрі:

- 1 В неділі й свята беруть участь в Святій Літургії
- 2 Жертвують час, таланти і матеріально підтримують парафію
- 3 Записані до парафії
- 4 Знають загальні правди й молитви нашої віри

## **A REMINDER TO ALL PARISHIONERS**

Reception of the Sacraments requires the committed practice of the faith and serious preparation. Committed parishioners are those who:

1. Attend Divine Liturgy on Sunday's and Feast Days
2. Give of their time, talents and financial resources
3. Have enrolled in the parish
4. Know and understand the basic prayer and tenets of our faith