

**IMMACULATE CONCEPTION UKRAINIAN CATHOLIC CHURCH
ПАРАФІЯ НЕПОРОЧНОГО ЗАЧАТТЯ ПРЕЧИСТОЇ ДІВИ МАРІЇ
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**14ТА НЕДІЛЯ ПІСЛЯ П'ЯТДЕСЯТНИЦІ
(НЕДІЛЯ ПЕРЕД ВОЗДВИЖЕННЯМ ЧЕСНОГО ХРЕСТА)
11ГО ВЕРЕСНЯ 2022**

**ПАМ'ЯТЬ ПРО ПАТРІАРХА ЙОСИФА СЛІПОГО ВШАНУВАЛИ
В ЙОГО РОДИННІЙ ЗАЗДРОСТІ**

7 вересня минає 38-ма річниця відходу у вічність слуги Божого патріарха Йосифа Сліпого (1892–1984). Пам'ять про великого уродженця Поділля вшанували в його родинному селі Заздріст'я, що на Тернопільщині.



ковська) і меценат Богдан Тернопільський. Він, зокрема, заохотив молоде покоління пишати своїм країнином і бути його гідними земляками.

Отець Андрій Козак, парох церкви Воздвиження чесного хреста у Заздріст'ї, відслужив панахиду за душу патріарха Йосифа. До погруддя патріарха було покладено квіти. На завершення відзначень учасники заходу помолилися біля гробу батьків Йосифа Сліпого.

Відзначення співорганізували Заздрістська гімназія імені Йосифа Сліпого і представництво Релігійного товариства українців-католиків «Свята Софія» США в Україні. У рамках мистецької програми звучали вірші про ісповідника віри у виконанні учениць 9-го класу Катерини Гулимчук, Тетяни Мельничук, Анни Фундалевич. Спогадами про патріарха поділилися колишня директорка школи Дана Петровська (Дич-



*Департамент інформації УГКЦ
за матеріалами пресслужби товариства «Свята Софія» США*

**14TH SUNDAY AFTER PENTECOST
(SUNDAY BEFORE THE EXALTATION OF THE CROSS)
SEPTEMBER 11TH, 2022**

**ПОРЯДОК БОГОСЛУЖЕНЬ (12го до 18го вересня, 2022)
ORDER OF SERVICES (September 12th to 18th, 2022)**

Понеділок – Mon. 12	8:00 A.M.	Peace in Ukraine
Вівторок – Tues. 13	8:00 A.M.	Health: Dr. Ihor Ivankiv – Walter & Olya Kusyk
	7:00 P.M.	Mothers in Prayer
Середа – Wed. 14	EXALTATION OF THE HOLY CROSS – ВОЗДВИЖЕННЯ ЧЕСНОГО ХРЕСТА	
	9:00 A.M.	Betty Jachniw – Luba Lukomskyj
	7:00 P.M.	for our parishioners
Четвер – Thurs. 15	8:00 A.M.	+Petro Nishko
П'ятниця - Fri. 16	8:00 A.M.	Sanctification of clergy
Субота – Sat. 17	9:00 A.M.	Luba Lukomskyj (B-day) – Olga Pohribnij Luba Lukomskyj (B-day) - family
Неділя – Sunday 18	8:30 A.M.	+Hryhoriy, Natalia, Lewko, Vera, Slawko, Dana, Adrian – Luba Lukomskyj
	10:00 A.M.	for our parishioners
	11:30 A.M.	Mothers in Prayer

ВАШ ДАР БОГОВІ ТА ПАРАФІЇ – YOUR GIFT TO GOD & PARISH

4 вересня / September 4 - \$3,427.00

Будівельний Фонд / Building Fund - \$3,898.00

Будівельний Фонд / Building Fund (Coffee Hour) - \$651.00

Donations can be made on the website icshrine.org or by Zelle [email:icukrainianchurchpalatine@gmail.com](mailto:icukrainianchurchpalatine@gmail.com)

BUILDING FUND – MONTH OF AUGUST

8/7 – \$5,008.00 (Collection); \$577.00 (Coffee Hour)

8/14 - \$448.00 (Coffee Hour); \$1,875.00 (BF Box)

8/21 - \$2,984.00(collection); \$929.99(Coffee Hour & Varenyky)

8/28 - \$347.00 (Coffee Hour & Varenyky)

Total COLLECTED: \$12,168.00; Monthly Mortgage: \$10,757.92

ПРОСИМО МОЛИТИСЯ ЗА: о. Андрія Чировського, о. Френка Авант, о.Богдана, о. Михайла Кузьму, Джона Панько, Тима Гайдера, Дебі Плішки, Мардж Матвіїв, Любу Чорну, Любу Лукомську, Євгенію Яхнів, Лярису Дас, Джекі Мишкіевич, Анну Назар, Келвина Макмена, Наталію Лісову, Марію Ступень, Роксолянну Козич, Луку Лоґан, Левка Сенечка, Любу Кузьму, Джим МекМен, Миколу Гнатиско і за всіх недужих.

PLEASE PRAY FOR: Fr. Andriy Chirovsky, Fr. Frank Avant, Fr. Bohdan, Fr. Mykhailo Kuzma, John Panko, Tim Heider, Debbie Plishka, Marge Matviuw, Luba Chorny, Luba Lukomskyj, Betty Jachniw, Laryssa Das, Jackie Myshkiewicz, Anna Nazar, Calvin McMahan, Nataliya Lisova, Maria Stupen, Roxolana Kozych, Luke Logan, Leo Senechko, Luba Kuzma, Jim McMahan, Mykola Hnatysko and all those in need of our prayers.

THE GENEROSITY OF JESUS

Meditation: Once, the Lord said to me, **My daughter, take the graces that others spurn; take as many as you can carry.** At that moment, my soul was inundated with the love of God. I feel that I am united with the Lord so closely that I cannot find words to express that union; in this state I suddenly feel that all the things God has, all the goods and treasures, are mine, although I set little store by them, for He alone is enough for me. In Him I see my everything; without Him — nothing (*Diary*, 454).

December 18, [1936]. Today I felt bad that a week had gone by and no one had come to visit me. When I complained to the Lord, He answered, **Isn't it enough for you that I visit you every day?** I apologized to the Lord and the hurt vanished. O God, my strength, You are sufficient for me (*Diary*, 827).

My Prayer Response: Lord Jesus, what a blessing to read of Your generosity to a soul like that of St. Faustina. I sure could use some of those graces that others spurn. Lavish me with Your graces, Lord.

HOW TO DISCOVER YOUR VISION

In Damascus there was a disciple named Ananias. The Lord called to him in a vision, "Ananias!" "Yes, Lord," he answered. Acts 9:10

Maybe you think because you haven't been to a Christian college or Seminary that God would never give a vision to someone like you. But you would be mistaken. The Bible says this: **'There was a certain disciple at Damascus named Ananias; and to him the Lord said in a vision, "Ananias." And he said, "Here I am, Lord." So the Lord said to him, "Arise and go to the street called Straight, and inquire at the house of Judas for one called Saul of Tarsus, for behold, he is praying. And in a vision he has seen a man named Ananias coming in and putting his hand on him, so that he might receive his sight."...And Ananias went his way and entered the house; and laying his hands on him he said, "Brother Saul, the Lord Jesus, who appeared to you on the road as you came, has sent me that you may receive your sight and be filled with the Holy Spirit." Immediately there fell from his eyes something like scales, and he received his sight at once; and he arose and was baptized. So when he had received food, he was strengthened' (vv. 10-12, 17-19).** And who exactly was Ananias? The right man, in the right place, at the right time, with the right attitude! And God used him to lead the apostle Paul to Christ. Pretty impressive, eh? But what's interesting is this: after that, Ananias is never mentioned again in Scripture. Bottom line: he was a 'nobody' who played a key role in God's plan. And if God gave Ananias a vision and used him greatly — He will do the same for you.

PRAYER

Heavenly Father, use me in any way You choose, help me to get out of the way and allow You to do what You have planned. In Jesus' Name, Amen

ОГОЛОШЕННЯ

1. В середу припадає празник Воздвиження Чесного Хреста. Святі Літургії о год. 9 рано і вечір.
2. Молимося що тижня за духовенство нашої Епархії. В особливий спосіб молимося цього тижня за отця Богдана Налисника
3. Просимо усіх на каву і солодке після св. Літургії.
4. По середах о. Михайло готовий сповідати, поговорити або давати духовну пораду потре буючим. Прошу подзвонить заздалегідь щоб уточнити час.

ANNOUNCEMENT

1. On Thursday we celebrate the feast of the Nativity of the Mother of God. Divine Liturgies are scheduled for 9 AM and 7 PM.
2. We are praying weekly for the priests of our Eparchy. This week let us pray in a special way for Fr. Bohdan Nalysnyk.
3. Please join us for coffee and sweets after the Divine Liturgy.
4. Fr. Mykhailo welcomes anyone who needs to talk to a priest, make a Confession or seeks spiritual counsel. Please call in advance to set a time.

ENGLISH BIBLE STUDY COMING UP STARTING ON SEPTEMBER 15, 2022
ACTS OF THE APOSTLES
THURSDAY EVENINGS IN PERSON OR VIA ZOOM
CONTACT: TOM AND MARY KASHUL AT 847-825-2874 OR tkashul@gmail.com

GETTING RID OF DARK THOUGHTS

From *Forums of the Virgin Mary*

The elimination of toxic thoughts that are not good for us.

We all have what is sometimes called a subconscious world, which makes strange ideas arise in our minds, ones we would not dare to identify as ours before anyone.

How did they get there?

These thoughts are implanted directly by fallen angels speaking into our ears.

And other times implanted indirectly by them, through culture and society, or by our animal instincts (the flesh).

They appear in our minds and we have to deal with them, because they are so strange that they demand energy and disturb our hearts.

So we must make an effort, first to accept the fact that they are not ours, and then to get rid of them so that they do not come back and take away yet more energy.

And how to do it?

The Desert Fathers, the first monks, and anchorites already defined what is the best way to deal with these thoughts through the teachings of Jesus in the Bible.

Because if we do not do it in an effective way, we will not be able to lead a Christian life away from sin and with a calm heart. Here we will talk about the teachings of Jesus to deal with the strange thoughts that come to our minds, ones we don't know what to do with, in a practical and efficient way.

Have you ever been sitting around, "minding" your own business when suddenly an unpleasant thought pops into your brain?

A thought that you did not choose, that you would never choose?

The fact that thoughts seem to happen to us, that they come in a way that even seems independent of us, is the reason why it makes sense to personify them as angels and demons, because they seem to have a life of their own.

It seems like a cartoon show, when a character is trying to make a decision and has a little angel on one shoulder and a little devil on the other, both trying to convince him of what is right.

In our case, good and bad thoughts, or angels and demons, can only make suggestions. They do not have the power to force us in any direction, but only to tempt or guide us to the right or wrong path.

Therefore, it is our task to know if angels or demons are behind the thoughts that arise in us and to be wise as serpents, as Jesus suggests, to deal with them.

All this happens in our inner life, and the first thing to take into account is that many thoughts that are not ours usually come to mind.

They can be thoughts of our parents and friends. They can be thoughts of our culture. It may be an impulse of our animal nature. *[scroll more more]*

And they can be temptations that the devil sends us or thoughts that come to us by way of good angels for our improvement.

Therefore, the most important thing to realize is that we are *not* our thoughts.

We are persons who are experiencing those thoughts and feelings and we must step back from them to evaluate them.

There will be some thoughts and feelings that we can claim ownership of and accept that we want them to belong to us, and others that are just passing by and that we decide do not belong to us.

If we do not take this distinction into account, we can fall into the error that the choice of thoughts becomes automatic, as most people do.

And they end up making decisions without even realizing that they are making them, because they take every thought that comes to them as their own.

Because everything happens so quickly and so automatically, some do not develop the awareness that this process is happening and that we can decide which thoughts we can accept as our own and which ones we can let go as others.

When we monitor our thoughts and are aware of what kind of world we want to create in our inner lives, we can move away from thoughts that are not really ours and choose which ones to make our thoughts.

Therefore we must take control of this cycle for our healing.

Because also, the faster we are able to say no to the thoughts that we decide are not what we want for ourselves, the less often they will present themselves to us in the future.

And when we have made a selection of good thoughts and have allowed them to become habits, we will find that our inner condition is much healthier.

We also find that monitoring becomes easier and consumes less energy.

This is why the practice of guarding our thoughts is so essential to Catholic practice.

We do not have to accept every thought and feeling that comes to us; we are free; we can choose to claim possession of only those thoughts that bring us closer to God, and let temptations pass.

And how do we let temptations pass?

The early Christians taught that one of the best ways to overcome temptation is to distrust ourselves, especially what we think and feel, and put all our trust in God.

Because Scripture warns in several places that this is what mainly moves God to assist us in our temptations and sufferings.

Because He does not act like this with those who trust in their own light and trust in their own strength, and who by attributing everything to themselves, usurp a glory that belongs only to God.

The first Christians already knew this, but little by little this teaching has been relegated in the Church.

The early fathers taught that it is very important to address thoughts that we define as not our own, that is, those of demons, as soon as they arise within us.

Because the longer we allow them a space in our hearts and minds, the more difficult it will be to get rid of them.

They knew that what people cared about most were things like health, money, safety, the opinions of others, the future.

And as a result of this, imagined scenarios and exaggerated fears arose, and it made things go out of our control. *[scroll for more]*

They knew that worry has the unique ability to steal precious and limited energy and spend it elsewhere.

And that this robbery of energy and attention leaves us vulnerable and ill-equipped to do what God asks of us in the present moment.

The Desert Fathers offered some remedies for unruly thoughts.

They were unanimous in teaching that one should never fight toxic thoughts by debating them directly.

Rather they argued that it was better to catch the thoughts at their first appearance and respond to them very simply, with brief counter-thoughts inspired by or drawn from the Holy Scriptures.

That is, if the darkness catches your attention, don't stare into the darkness, but turn on the light of truth again.

They called this practice *antirrhêtikos*, which means something like "respond" or "speak against." What did Jesus Himself do in the desert when Satan tried to tempt Him to abandon His mission: see *Matthew* 4:1.

Jesus took brief biblical passages that turned His attention from the father of lies to the Father of Truth.

One of the most precious biblical texts used in times of temptation is *Psalms* 72, which shifts our focus from present problems to the God Who is always ready to save us when we cry out: "O God, come to my aid; Lord, hurry to help me!"

This prayer became so revered in the ancient monastic tradition that we can finally read it today at the opening of the Liturgy of the Hours.

But this technique was not the only way to deal with dark or troublesome thoughts for the early Fathers.

Among other things, they advised what came to be known as 'undressing the "thoughts,"' that is, disclosing negative thoughts and temptations openly and honestly to an "elder," to bring to light any distortions that needed correction.

We can do this today with our spiritual director and in the most acute cases in Confession. And one of the most common concerns of human beings of all time is about the future.

So one of the favorite *antirrhêtikos* since ancient times has been to apply the teaching that appears in *Matthew 6*: "Your heavenly Father knows that you need all of these things. Do not worry about the things of tomorrow, because tomorrow will worry about itself."

By reciting it in response to my concern, I return to God the future that seems to threaten me, acknowledging that only God dwells and presides over that future.

I am not and cannot be there, but the moment I give up worry and choose trust, I give my future back to God.

Only then will He be able to work there in full freedom before I arrive.

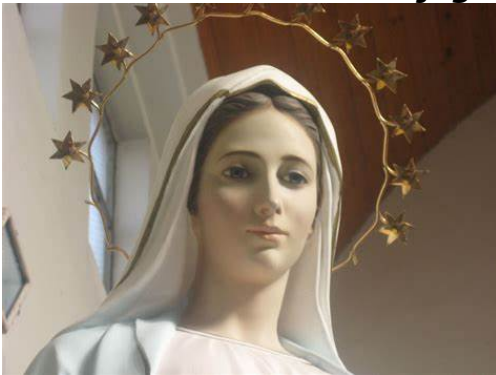
On the contrary, when I worry, I take my future out of the Hands of God and under my own control, which is actually incompetent.

Well up to here **what we wanted to talk about the teachings that Jesus left in the scriptures on how to get rid of dark thoughts that can come to our minds, and adopt kind thoughts that purify our life.**

And I would like to ask you what you do when some strange thought comes into your head.

OUR LADY OF MEDJUGORJE, QUEEN OF PEACE

"Medjugorje is the spiritual center of the world"



Dear Family of Mary!

Our Lady concluded her August 25, 2022 message with these words of encouragement:

"You be courageous and do not be afraid, because God is with you."

Our Mother Mary is a courageous woman! Just think about it. After Jesus was born, she and Joseph had to run from Herod, all the way to Egypt, so save Jesus' life. No body guards, no help anywhere except in her heart filled with faith. But she did it!

When Jesus was 12 or so, he remained behind in Jerusalem, at the Temple. He didn't ask permission or tell them what He was doing. She lived through three days of agony, searching for Him. But with her heart filled with faith in God, she did it!

When St. Joseph died, Our Lady had to face life as a widow. That is never easy. But she did it, silently with her heart filled with faith in God.

Our Lady is our leader in courage. If she tells us to be courageous, we must say yes to her! I have gathered several messages in which Our Courageous Mother has called us to be courageous, and to encourage each other as we follow Jesus in this very sad world.

Friday, September 16, 1983

"Pray, pray, pray! Do not be discouraged. Be in peace because God gives you the grace to defeat satan."

December 25, 2004 "Dear children! With great joy, also today I carry my Son Jesus in my arms to you; He blesses you and calls you to peace. Pray, little children, and be courageous witnesses of Good News in every situation. Only in this way will God bless you and give you everything you ask of Him in faith. I am with you as long as the Almighty permits me. I intercede for each of you with great love. Thank you for having responded to my call."

November 25, 2015 "Dear children! Today I am calling all of you: pray for my intentions. Peace is in danger, therefore, little children, pray and be carriers of peace and hope in this restless world where Satan is attacking and tempting in every way. Little children, be firm in prayer and courageous in faith. I am with you and intercede before my Son Jesus for all of you. Thank you for having responded to my call."

In Jesus, Mary and Joseph!

Cathy Nolan

(c) Mary TV 2022

ПРИГАДУЄМО УСІМ ПАРАФІЯНАМ

Щоб гідно приймати Святі Тайни парафіянин повинен жити за правилами віри та серйозно підготуватися. Добрі (віддані) парафіяни є ті котрі:

В неділі й свята беруть участь в Святій Літургії

Жертвують час, таланти і матеріально підтримують парафію

Записані до парафії

Знають загальні правди й молитви нашої віри

A REMINDER TO ALL PARISHIONERS

Reception of the Sacraments requires the committed practice of the faith and serious preparation. Committed parishioners are those who:

Attend Divine Liturgy on Sunday's and Feast Days

Give of their time, talents and financial resources

Have enrolled in the parish

Know and understand the basic prayer and tenets of our faith

Remember Our Parish in Your Will

You can leave a lasting legacy to benefit future generations! Please remember our Immaculate Conception Ukrainian Catholic Parish when creating your will. Your good works will continue after you have gone! ***Please contact the office for information.***

Згадайте нашу парафію у Вашому заповіті

Ви можете залишити частину своєї спадщини на благо майбутніх поколінь! Ласкаво, пам'ятайте, парафію Непорочного Зачаття Пречистої Діви Марії при створеню Вашого заповіту. Ваші добрі діла будуть продовжуватися після Вашого повернення Додому, до вічного життя!